

REGINA DOWNTOWN



*Dining
Guide*

**You'll find your
taste, on a
downtown menu.**

LEGEND



Live Entertainment



Catering



Licensed



Wi-Fi



Patio Dining (Seasonal)



Fine Dining



Map Areas

Cafés & Lunch Spots

2-4-1 Pizza

1925 Albert St (306) 584-0241
www.241pizza.com
Mon-Wed & Sun 11am-1am;
Thu 11am-2am; Fri-Sat 11am-3am



Aegean Coast Coffee & Tea

1901 Hamilton St. (306) 584-2233
Mon-Sun 7am-7pm

A delightful espresso bar serving the highest quality of coffee and baked goods. We have gelato made fresh daily.



Atlantis Coffee Co.

1992 Hamilton St (306) 565-2213
www.atlantiscoffee.com
Mon-Fri 6:30am-12am;
Sat 7:30am-12am; Sun 8:30am-11pm

Atlantis Coffee offers premier freshly roasted gourmet coffee drinks, selection of soups, salads and sandwiches. Make sure you try a delicious fresh baked pastry while you're there.



Biscuits And Broths Café

1950 Hamilton St (306) 352-7687
www.biscuitsandbrothscafe.com
Mon-Fri 11am-4pm

Serving Regina's Downtown with hearty, homemade soups, chili, sandwiches, hotdogs, and fresh coffee. All our soups are made in-house with the finest ingredients. Five different soups, including a minimum of two vegetarian soups, are available every day.



Burger King

1808 Albert St (306) 347-7757
www.burgerking.com
Mon-Thu & Sun 7am-3am;
Fri-Sat 7am-4am



Café Ciel

1900 Albert St (306) 565-2580
Mon-Thu 7am-4pm; Fri 7am-4pm

Enjoy a variety of sandwiches, soups, fresh fruit trays and baked goods made fresh daily.



Canada Life Plaza Cafeteria

1901 Scarth St (306) 751-6124
Mon-Fri 7am-3:30pm



CK Pizza

1958 Hamilton St (306) 352-8888
www.ckpizza.com
Mon-Sun 10am-10pm



Fresh & Sweet

2500 Victoria Ave (306) 751-2233
www.valleygirlscatering.ca
Mon-Fri 7am-6pm; Sat-Sun 9am-3pm

A restaurant by Valley Girls featuring fresh sandwiches, paninis, and wraps. Home made soups and salads to finish off your great meal! We would love to cater your next staff function.



Cafés & Lunch Spots

Fresh On Hamilton

1914 Hamilton St (306) 569-2233

www.valleygirlscatering.ca

Mon-Fri 7am-5pm



Gilmour's Corner

1833 Scarth St (306) 347-3422

Mon-Fri 7am-4pm

Located in the heart of Downtown on the F.W. Hill Mall, we offer oven-baked sandwiches, shawarma, donair, fresh salads, homemade soups, and veggie chili. Come join us or order catering for your next luncheon or meeting.



Good Earth Coffee House And Bakery

Hill Centre Tower II (306) 352-8181

www.goodearthcafes.com

Mon-Fri 6am-9pm; Sat 8am-6pm;

Sun 9am-5pm

Organic, direct trade, and rainforest alliance certified coffee. Food is made with wholesome ingredients; our muffins, scones, and cookies are served fresh out of the oven.

Sandwiches and salads are prepared daily. Enjoy our hearty, home-style soups. We cater too!



Green Spot Café

1821 Hamilton St (306) 757-7899

Mon-Fri 7am-5pm; Sat 8am-3pm

Offers a 100% vegetarian and gluten-free menu. Our extensive menu has something just right for your needs, whether it be lunch, coffee, or baked goodies.



Pita Queen

1847 Scarth St (306) 525-9727

Mon-Sat 10am-4pm

Specializing in shawarmas, donairs and other Middle Eastern lunch items as well as Filipino desserts.



Cafés & Lunch Spots

Robin's Donuts

1806 Albert St (306) 757-9909
Mon-Fri 5am-12am; Sat-Sun 6am-12am

1717 Saskatchewan Dr (306) 352-6699
Mon-Sun 6am-9pm

Offering you original special blend coffee, tea, and also a variety of fresh donuts, muffins, cookies, cinnamon rolls, soups, sandwiches, and salads.



Second Cup

Cornwall Centre (306) 352-6228
www.secondcup.com
Mon-Tue 7am-6pm; Wed-Fri 7am-9pm;
Sat 8am-6pm; Sun 11am-5pm

Located conveniently in the Cornwall Centre, Second Cup offers more than 25 premium coffees, specialty beverages, complementary foods and merchandise items.



Tim Horton's

1800 11th Ave (306) 525-3188
www.timhortons.com
Mon-Fri 5am-11pm; Sat-Sun 6am-11pm

Cornwall Centre (306) 525-1339
Mon-Tue 7am-6pm; Wed-Fri 7am-9pm;
Sat 8am-6pm; Sun 11am-5pm

Tim Horton's serves fresh, top-quality foods at a great value. Our menu consists of baked goods, sandwiches, home-made soups, and breakfast sandwiches.



Urban Bean Grab N' Go

1919 Saskatchewan Dr (306) 525-5255
www.deltahotels.com
Mon-Fri 6:30am-6pm;
Sat-Sun 7am-6pm

Offering a wide selection of fresh gourmet coffees, breakfast, lunch, snacks, and dessert items to grab n' go.



Victoria Tea Room

2125 Victoria Ave (306) 337-4311
www.radisson.com/regina.ca

Located in the Radisson Plaza Hotel Saskatchewan, the Victoria Tea Room is a private room connected to the hotel's main restaurant. High Tea is served in the Tea Room Friday, Saturday and Sunday afternoons from 2:30 pm to 4 pm. A perfect room for large groups to enjoy their meals.



Zam Zam Wraps

Cornwall Centre (306) 522-4030
www.zamzamwraps.webs.com

Zam Zam Wraps are made with Tanour whole grain bread which has ZERO cholesterol, trans or saturated fat – it also has no preservatives! Zam Zam Wraps – “your way to a healthy addiction”



International Cuisine

Dynasty Gourmet Asian Buffet

1700 Broad Street (306) 543-8866
Mon-Sun 11am-9pm
(Buffet from 11am-3pm and 4:30pm-9pm)

Enjoy a gourmet Asian buffet serving over 100 items daily offering Chinese, Japanese, Canadian and South Asian cuisine.



Four Seas Restaurant

1779 Rose St (306) 522-1818
Tue-Sun 11am-3pm & 5pm-9pm

Enjoy authentic Szechuan dishes with a lunch buffet that runs from Tuesday to Friday and a Dim Sum menu on Saturdays and Sundays.



Hanabi

1950 Broad St (306) 585-8880
Mon-Fri 11:30am-2pm & 4:30pm-9pm;
Sat 4:30pm-9pm

Exotic Japanese cuisine in a traditional spirit that also includes an Asian grill and a sushi bar.



J & A Restaurant

2201 11th Ave (306) 757-2288
Mon-Sun 11am-9pm



Lang's Cafe

1745 Broad St (306) 757-5655
Mon-Sun 11am-9pm



Mai Phuong Restaurant

1821 Broad St (306) 522-1617
Mon-Sun 11am-10pm



Michi Sushi

1943 Scarth St (306) 565-0141
www.michi.ca
Tue-Fri 11:30am-2pm & 5pm-9pm;
Sat 12pm-2pm & 5pm-9pm;
Monday Closed

Authentic Japanese cuisine prepared by veteran chefs from Japan, including sushi, sashimi, tempura, and donburi selections, party plates, and signature combos.



Newtown Restaurant

2332 11th Ave (306) 757-7722
Mon-Fri 10:30am-10pm;
Sat-Sun 4pm-9pm

Delicious Chinese and Zichuan cuisine with a lunch buffet.



International Cuisine

Ngoc Anh Restaurant

1810 Smith St (306) 545-4488
Mon-Fri 9am-9pm; Sat 11am-9pm;
Sun/Holidays 11am-8pm

Serving Vietnamese, Chinese and Canadian cuisine. Enjoy a lunch buffet Monday to Friday and a Dim Sum menu every day.



Peking House

1850 Rose St (306) 757-3038
Mon-Fri 11am-2pm; Sun-Thu 4pm-10pm;
Fri-Sat 4pm-11pm

We specialize in Mandarin Szechuan-style cuisine and a full menu of Cantonese food.



Pinoy Heat

1769 Hamilton St (306) 565-6000
Monday-Sunday 8am-9pm

Pinoy Heat is the first Filipino buffet restaurant in Saskatchewan that offers many varieties of fresh meats, fish and vegetables plus the exotic taste of Philippine cuisine. It's the creativity and resourcefulness in our chef's cooking that makes Pinoy Heat a truly amazing restaurant. Our whole roasted pig every Sunday is one of our attractions plus the famous halo-halo dessert. Pinoy Heat serves the public with tender loving care, humbleness and cheerfulness.



Regina Kabab House

1822 Broad St (306) 545-5888
Mon-Sun 11am-9pm



Saigon By Night Restaurant

1840 Broad St (306) 522-2444
Mon-Thu 11am-9pm; Fri-Sat 11am-10pm; Sun 4pm-9pm

Vietnamese, Thai, and Chinese cuisine. Come in and enjoy our daily lunch specials.



Siam Authentic Thai Restaurant

1946 Hamilton St (306) 352-8424
Mon-Fri 11am-1:30pm & 5:30pm-9pm;
Sat 11am-9pm

Offers authentic Thai cuisine with a noon hour buffet.



Viet Trung Garden

1929 Albert St (306) 525-6688
Mon-Fri 11am-2pm & 4pm-10pm;
Sat-Sun 11am-11pm

Authentic Vietnamese and Chinese cuisine.



Wascana Donair & Shawarma

1751 Broad St (306) 757-3300
Mon-Sun: 11:00am-9:00pm



POINTS OF INTEREST

- | | |
|---|---|
| 1 Casino Regina | 7 Creative City Centre |
| 2 Cornwall Centre Shopping Mall | 8 Regina Public Library Dunlop Art Gallery RPL Film Theatre |
| 3 Royal Canadian Legion | 9 City Square Plaza |
| 4 Neutral Ground Contemporary Art Forum | 10 Victoria Park |
| 5 F.W. Hill Mall | 11 Saskatchewan Sports Hall of Fame |
| 6 Globe Theatre | |

LEGEND

-  Regina Downtown
-  City Hall
-  Tourism Regina
-  Public Parking
-  ImPark
-  Taxi Stand
-  Regina Transit



BID

Information Centre

Welcome To Downtown



Restaurants & Pubs

Atrium Family Restaurant (The)

1818 Victoria Ave (306) 569-1666
www.saskramada.com
Mon-Fri 6:30am-10pm;
Sat-Sun & Holidays 7:00am-10pm

The business casual and family friendly spot for breakfast, lunch, dinner & snacks. Great for intimate and large gatherings alike, featuring a full menu of savory food, specialty coffees and house made desserts.



Beer Bros. Gastro Pub and Deli

1801 Scarth St (306) 586-2337
www.beerbros.ca
Mon-Thu 11am-11pm;
Fri-Sat 11:30am-1am; Sunday Closed

Enjoy fantastic food that is infused with the unique flavours of beer. The menu also offers an amazing range of domestic and imported beers that will have you toasting cheers!



Copper Kettle Restaurant

1953 Scarth St (306) 525-3545
www.ckpizza.com
Mon-Fri 9am-2am; Sat-Sun 10am-2am

This popular restaurant features a summer patio overlooking Victoria Park. They are known for their delicious pizza and offer a lunch buffet from Monday to Friday.



Crave Kitchen & Wine Bar

1925 Victoria Ave (306) 525-8777
www.cravekwb.com
Mon-Thu 11am-11pm; Fri 11am-1am;
Sat 4pm-1am

craveEVENTS.craveEVERYDAY.
craveEVERYTHING. Experience
Downtown through your senses
:: Food :: Liquid :: Atmosphere ::



Fibber Magee's Pub

1818 Victoria Ave
(306) 569-1666 ext. 7246
www.saskramada.com
Mon-Sat 11:30am-12:30am;
Sunday & Holidays 12:00pm-10:30pm

Unwind with classic rock, pub food, draught beer, daily features, happy hour and Wing Wednesday weekly. For your convenience and entertainment we have off sale, big screen TV's for sports, VLT's, and professional comedy acts Saturday Night with "Laugh Shop".



Flip Eatery & Drink

1970 Hamilton St (306) 205-8345
www.fliprestaurant.ca
Mon -Wed 11am-12 am;
Thurs-Sat. 11am-2am; Sunday Closed

Flip Eatery & Drink is an open-concept restaurant that has a unique offering of North American comfort food with a sophisticated twist. Flip is open late-night so you can make it a part of your night out downtown, and its big-city vibe provides a cool setting for a great meal and a fresh cocktail.



Restaurants & Pubs

Golf's Steak House

1945 Victoria Ave (306) 525-5808
www.golfsteakhouse Regina.com
Mon-Fri 11am-11pm; Sat 4pm-11pm;
Sun/Holidays 4pm-10pm

Enjoy fine dining at affordable prices. Golf's Steak House is renowned for its prime rib, the finest charbroiled steaks and seafood dishes. Located in the heart of Downtown. Just look for the flame!



Hotel Saskatchewan Dining Room

2125 Victoria Ave (306) 337-4311
www.radisson.com/regina.ca
Mon-Fri 6:30am-9pm; Sat-Sun 7am-9pm

The Hotel Saskatchewan offers the finest dining opportunities. A luxurious, relaxing atmosphere and excellent cuisine provide the perfect choice for your special event or private dinner. Breakfast, lunch, and dinner may be enjoyed in the dining room. There is a daily buffet, served Monday to Friday, as well as Saturday and Sunday Brunches, which are filled with traditional favorites.



Indigo Restaurant

1919 Saskatchewan Dr (306) 525-5255
www.deltahotels.com
Mon-Fri 6:30am-2pm & 5pm-9pm;
Sat 7:30am-2pm & 5pm-9pm;
Sun 7:30am-2pm

Indigo provides a contemporary atmosphere with a wide variety of menu choices for breakfast, lunch and dinner. Enjoy the monthly evening dinner specials.



Last Spike (The)

1880 Saskatchewan Dr (306) 781-7000
www.casinoregina.com
Sun-Thu 9am-10:30pm; Fri-Sat 9am-12am

Take a break from the action in the Casino or kick off your evening before going to the Show Lounge. The Last Spike offers cuisine to satisfy every palate and budget.



Memories Fine Dining

1717 Victoria Ave (306) 522-1999
www.memoriesdining.com
Mon-Fri 7am-10pm;
Sat-Sun 8am-11am & 4pm-10pm

Rated #1 in Regina by Trip Advisor and #8 in Canada by *Enroute Magazine*. Memories offers French and Continental cuisine, and a taste of Greek flavours served in an intimate and casual environment.



Monarch's Lounge

2125 Victoria Ave (306) 522-7691
www.hotelsask.com
Mon-Sat 11am-12am; Sun 8am-12am

Relax by the fire with a glass of wine, lose yourself in a favourite book, watch TV while enjoying a glass of wine, or choose from our extensive selection of single malt scotches.



Restaurants & Pubs

Mulligan's Lounge

1818 Victoria Ave. (306) 569-1666
www.saskramada.com
Open evenings Mon-Sat 5pm-11pm

This is the place to be at the end of the day. The perfect after work meeting place. Enjoy appetizers or an evening meal and the choices of an extensive beverage menu. Upscale feel in a laid back and urban environment. Gather around the fire...in Ramada Plaza, Downtown Regina's hidden gem!



O' Hanlon's Irish Pub

1947 Scarth St (306) 566-4094
www.ohanlonspub.com
Mon-Sun 11am-2am

This popular pub features an outdoor patio overlooking Victoria Park and a relaxing, jovial atmosphere in which to enjoy its specialty import and domestic beers. They offer a full menu, including outstanding pizza and brew pub.



Omega Lounge

1919 Saskatchewan Dr (306) 525-5255
www.deltahotels.com
Mon-Sat 2pm-12am



Experience the relaxing surroundings in the Omega Lounge. Enjoy fine wines, light snacks, and finger foods. Located in the Delta Regina Hotel lobby.

Roof Top Bar & Grill

1845 Victoria Ave (306) 359-7663
www.therooftop.ca
Mon-Sat 11am-close; Sun 4pm-9:30pm
Winter hours: Mon-Fri 11am-close;
Sat 4pm-close

(Roof Top Bar & Grill cont.)

Regina's hottest nightspot offers premium casual dining in a modern new age environment. Menu items range from gourmet salads to prime rib. We also offer a seasonal rooftop patio. Check for summer hours.



Smitty's Restaurant & Lounge

Cornwall Centre (306) 775-3500
www.smittys.ca
Mon-Tue 7am-7pm;
Wed-Fri 7am-10pm;
Sat 8am-7pm; Sun 9am-6pm

Providing great variety and value to our customers in a comfortable environment for the whole family.



Taste Of Tuscany

1851 Scarth St (306) 525-9911
Mon-Wed. 10:30am-6pm
Thur-Sat. 10:30am-10:30pm;
Sunday Closed



Western Pizza

2125 11th Ave (306) 359-1555
www.western-pizza.com
Mon-Fri 7am-8pm; Sat 9am-3pm;
Sunday Closed

This location offers a separate catering menu that includes pita platters, sandwich combos and other such items in order to cater to their executive clients and offer more options to their customers.



Dinner Theatre

Applause Feast & Folly Theatre Inc.

1975 Broad St (306) 791-6868

<http://applausetheatre.ca/wordpress>

Offers a unique dining experience with live entertainment from comedy plays to music reviews while enjoying a delightful meal.



Food Court Cornwall Centre



Mon-Tue 9:30am-6pm; Wed-Fri 9:30am-9pm; Sat 9:30am-6pm; Sun 12pm-5pm
Many of the Cornwall Center Food Court restaurants provide catering. Please check their websites for more details.



A & W Restaurant

(306) 757-3273

www.awrestaurants.com  

Booster Juice

(306) 352-4666

www.boosterjuice.com  



Cookies By George

(306) 525-5770

www.cookiesbygeorge.com

David's Tea

(306) 522-2828

www.davidstea.com  

David's Tea offers premium loose leaf teas. You will fall in love with our selection of green tea, black tea, white tea, oolong tea, pu-erh tea, herbal teas such as rooibos and Chai, plus teapots, kettles and much more.


Edo Japan

(306) 522-3393


www.edojapan.com

Extreme Pita

(306) 585-7482

www.extremepita.com 



Kung Pao Wok

(306) 789-1888 

Fast and Fresh authentic Chinese cuisine.


New York Fries

(306) 751-0780

www.newyorkfries.com  

Opa! Souvlaki Of Greece

(306) 791-2125

www.opasouvlaki.ca 


Orange Julius/Dairy Queen

(306) 791-2125

www.opasouvlaki.ca

Subway

(306) 525-8479

www.subway.ca 

Taco Time

(306) 781-6998

www.tacotimecanada.com  

Thai Express

(306) 757-1398

www.thaiexpress.ca 

Trifon's Pizza


(306) 525-5566

<http://trifons.com/index>

The first Trifon's Pizza was opened in 1972 by our founder Trifon Agioritis. With an honest to goodness crust, smothered with fresh tomato sauce, gooey mozzarella cheese, and all your favorite fresh toppings, it is no wonder Trifon's has been serving customers for nearly 30 years.

Umi Sushi

(306) 546-3846

www.umisushiexpress.com 

it's all *Whether you're a resident or a visitor...*
DOWNTOWN!



shopping

Downtown Regina is brimming with unique specialty shops, stores and boutiques. It's also home to the Cornwall Centre, Saskatchewan's premiere shopping mall. Convenient to visitors, shopping is just a short stroll from Downtown hotels.



dining

Steak houses, cafés, pubs, coffee shops — when you visit Downtown, you'll find an incredible variety of dining choices. Grab a booth, a bar stool or a sidewalk patio table, there's a dining atmosphere to match every mood. And no matter what type of food you're craving, you can bet you'll find it on a Downtown menu.



outdoor fun

Even when the snow starts to fall, you will find lots to do outdoors Downtown, including ice skating at our rink in Victoria Park. Stay in touch with our programming by following us on Facebook and Twitter.



reginadowntown.ca

(306) 3597541
1822 Scarth St., 2nd Floor



Regina Downtown



Dining Guide

**Regina Downtown
Business Improvement District**

1822 Scarth Street, 2nd Floor,
Regina, SK S4P 2G3
Phone: 306.359.7541
Fax: 306.359.9060

info@reginadowntown.ca
www.facebook.com/ReginaDowntownBID



**REGINA
DOWNTOWN**
Business Improvement
District