

# DOWNTOWN EATS

## COFFEE SHOPS

### Boards N Beans

**1840 Rose Street**  
Regina's first board game café!  
Reservations can be made for up to 50 guests.  
[www.boardsnbeans.ca](http://www.boardsnbeans.ca)

### Brewed Awakening

**1922 Hamilton Street**  
Brewed Awakening prides itself on being locally owned & operated. They proudly serve organic, sustainable & fair trade coffee from around the world, along with a number of fresh homemade items straight from the kitchen.  
[www.brewedawake.ca](http://www.brewedawake.ca)

### Cafe Royale

**2125 Victoria Avenue**  
Located in the lobby of Hotel Saskatchewan, Cafe Royale offers high end, organic fair trade coffee, a variety of delicious breakfast treats and lunch items including sandwiches and salads.  
[www.facebook.com/caferoyaleregina](http://www.facebook.com/caferoyaleregina)

### Core Coffee

**1603 Victoria Ave.**  
Serving Regina delicious coffee since March 2019.  
[www.facebook.com/corecoffeeqr](http://www.facebook.com/corecoffeeqr)

### Fix Coffee

**102-2055 Rose Street**  
The go-to spot for great coffee, delicious eats, and a lovely place to get some work done.  
[fixcoffeeqr.com](http://fixcoffeeqr.com)

### Good Earth

**Hill Centre II—1881 Scarth Street**  
Organic, direct trade and rainforest alliance certified coffee. Food is made with wholesome ingredients. Muffins, scones and cookies are fresh from the oven.  
[www.goodearthcoffeehouse.com](http://www.goodearthcoffeehouse.com)

### Green Spot

**1821 Hamilton Street**  
Offers 100% vegetarian and gluten-free menu. Their extensive menu has something right for your needs, whether it be lunch, coffee or baked goods.  
[www.greenspotcafe.ca](http://www.greenspotcafe.ca)

**Local's Tip: Famous for their cinnamon buns! Make sure you stop by on Wednesdays and Saturdays when they're hot out of the oven**

### IHADay Bubble Tea & Coffee

**105-2300 Broad Street**  
The first Taiwan Bubble Tea & Coffee café in Regina.  
[ihadaybubbletea.business.site](http://ihadaybubbletea.business.site)

### Robin's Donuts

**1806 Albert Street & 1717 Saskatchewan Drive**  
Pick up a classic donut and coffee, or choose from a range of café goods.  
[www.robinsdonuts.com](http://www.robinsdonuts.com)

### Starbucks

**2020 11th Avenue & 1975 Broad Street**  
Enjoy a variety of beverages, fine pastries and other delectable treats from the popular coffeehouse chain.  
[www.starbucks.ca](http://www.starbucks.ca)

### Tim Hortons

**1800 11th Avenue & 2012 11th Avenue (Cornwall Centre)**  
Visit this Canadian fast food staple for a quick bite and premium coffee.  
[www.timhortons.com](http://www.timhortons.com)

## RESTAURANTS & PUBS

### 20Ten City Eatery

**2010 12th Avenue**  
20Ten is more than an address; it is a destination located in the heart of downtown Regina. Free valet parking in the evening.  
[www.20ten.ca](http://www.20ten.ca)

### 241 Pizza

**1925 Albert Street**  
241 Pizza offers both a fast-casual dine-in experience along with delivery and take-out options.  
[www.241pizza.com](http://www.241pizza.com)

### Atrium All Day Restaurant & Deck

**1818 Victoria Avenue**  
Located in the Ramada Plaza Regina hotel, serving casual yet refined breakfast, lunch and dinner.  
<http://ramadaregina.ca/>

### Avenue

**100-2201 11th Avenue**  
A Modern take on homegrown comfort food with french influence and global flavours  
[www.avenuerestaurantandbar.com](http://www.avenuerestaurantandbar.com)

### Beer Brothers

**1821 Scarth Street**  
Enjoy fantastic food infused with the unique flavours of beer. The menu also offers an amazing range of domestic and imported beers that will have you toasting cheers!  
[www.beerbros.ca](http://www.beerbros.ca)

### Burger King

**1808 Albert Street**  
Fast-food chain serving grilled burgers, fries & shakes, plus breakfast.  
[burgerking.ca](http://burgerking.ca)

### Capitol Restaurant & Cocktail Bar

**1843 Hamilton Street**  
Located in the historic Singer Building, the Capitol will bring you right back to the roaring 20s. Come enjoy high-end crafted cocktails, gourmet tapas and live music.  
[www.thecapitol.club](http://www.thecapitol.club)

### Caraway Grill

**1625 Broad Street**  
Named the Best Restaurant in 2017 by Prairie Dog magazine, Caraway Grill offers a sensational dining experience. Authentic, dynamic Indian cuisine with quality and care infused into every dish.  
[www.carawaygrill.com](http://www.carawaygrill.com)

**Local's Tip: The butter chicken is amazing!**

### China Liang's Buffet

**1700 Broad Street**  
With a buffet of over 60 items, China Liang's Buffet offers great western-Chinese food in the heart of downtown Regina.  
[www.chinaliangsbuffet.ca](http://www.chinaliangsbuffet.ca)

### Chopped Leaf

**1834 Scarth Street**  
Featuring chef-designed salads and wraps, soups, sandwiches and appetizers, all dressings and soups are Chopped Leaf recipes that focus on being natural and flavourful.  
[www.choppedleaf.ca](http://www.choppedleaf.ca)

### Circa 27 Lounge

**2125 Victoria Avenue**  
Located in the Hotel Saskatchewan, and featuring creative cocktails and a contemporary all-day menu, artfully prepared by one of Regina's top chefs.  
[www.marriott.com](http://www.marriott.com)

### Copper Kettle

**1953 Scarth Street**  
This long-time favourite is known for their delicious pizza featuring a three season patio overlooking Victoria Park. Lunch buffet is available throughout the week.  
[www.thecopperkettle.online](http://www.thecopperkettle.online)

**Local's Tip: Try #18 Chicken Pizza — Lightly spiced BBQ chicken breast, salsa, onions and sun dried tomatoes.**

### CK Pizza

**1953 Hamilton Street**  
An extension of the Copper Kettle restaurant, but with a focus on the good stuff: pizza. Drop by for a slice or call them for delivery today!  
[www.thecopperkettle.online](http://www.thecopperkettle.online)

### Crave Wine Bar + Kitchen

**1925 Victoria Avenue**  
Crave is all about pairings— food with wine, chefs with inspiration, and a restaurant with a beautiful location. Try their award-winning food today.  
[cravekwb.com](http://cravekwb.com)

### Dieppe Cafe

**1820 Cornwall Street**  
Located in the Royal Canadian Regina Legion, stop in for breakfast, diner-style specials or supper.  
[www.reginalegion.com](http://www.reginalegion.com)

### DragonBoat Dimsum House

**2201 Broad Street**  
Offers a wide variety of delicious dimsum dishes!  
[www.dragonboatdimsum.ca](http://www.dragonboatdimsum.ca)

### Extreme Value Pizza

**2207 Broad Street**  
26 varieties of pizza, plus pasta, sandwiches, and burgers.  
[extremevaluepizza.com](http://extremevaluepizza.com)

### Famoso Neopolitan Pizzeria

**Hill Centre II—1881 Scarth Street**  
Famoso is a fast casual pizzeria serving authentic Neopolitan pizza in a warm and lively atmosphere. Try out the fantastic dessert menu.  
[www.famoso.ca](http://www.famoso.ca)

### Fit For Life

**BMO Building - 2103 11th Avenue**  
Offering a healthy range of meal choices from sandwiches, to salad bowls to signature boxes made to order. Open for breakfast and lunch.  
[www.fitforlifefood.com](http://www.fitforlifefood.com)

### Four Seas Restaurant

**1779 Rose Street**  
Four Seas Restaurant serves authentic Chinese cuisine and is well-known for their Chinese-style breakfast or dim sum!  
[www.fourseasrestaurant.com](http://www.fourseasrestaurant.com)

### Fresh and Sweet

**2500 Victoria Avenue &**  
This sweet spot is the place to be for brunch! Famous for their homemade breakfast, lunch, and baked goods. Fresh and Sweet has even been featured on the Food Network's 'You Gotta Eat Here!'  
[valleygirlscatering.ca](http://valleygirlscatering.ca)

**Local's Tip: Have a sweet tooth? Pick up a cupcake, made fresh in store.**

### Fresh Carnival

**2500 Victoria Avenue**  
Carnival-style food from hot dogs and poutine to milkshakes and funnel cakes. Comfort food at its best!  
[www.facebook.com/FreshcarnivalYQR](http://www.facebook.com/FreshcarnivalYQR)

WHERE  
IT'S @

## Gilmour's Corner

1833 Scarth Street

Located in the heart of Downtown on the F.W. Hill mall and offering oven-baked sandwiches, shawarmas, donairs, fresh salads, homemade soups, and veggie chili.  
www.gilmourscorner.com

**Local's Tip:** Great spot for breakfast and lunch!

## Golf's Steak House

1945 Victoria Avenue

Enjoy fine dining at affordable prices. Golf's Steak House is renowned for its prime rib, the finest charbroiled steaks and seafood dishes. Located in the heart of Downtown. Just look for the flame!

www.golfssteakhouse Regina.com

## Italian Star Deli

1611 Victoria Avenue

This local gem has been around since 1966. Stop by this Italian specialty store and delicatessen for everything from quality imported foods to one of their legendary sandwiches.  
www.italianstardeli.com

## J & A Restaurant

2201 11th Avenue

Offering flavours and unique culinary styles from regions across China, J&A has got you covered from banquets to intimate dinners. They also serve delicious dim sum.  
www.jandarestaurant.com

## Jugo Juice

Hill Centre I

104-1874 Scarth Street

Offering a variety of juices, smoothies, wraps and snacks.  
www.jugojuice.com

## Kookie's Krib Fireside Lounge

Great stop for an evening beverage and food - open until 11:00pm Monday to Saturday. Located in the Ramada Plaza Regina.  
www.ramadaregina.ca/kookies-krib

## Last Spike Restaurant

1880 Saskatchewan Drive

Casino Regina isn't just about games - Check out the Last Spike Restaurant for some fantastic food. You can even dine in an authentic CP Rail car!  
www.casinoregina.com

## Maharaja Paan Palace

1814 Broad Street

Home to a variety of Paan in sweet, mint, fruit, and chocolate flavours as well as other East Indian grocery products.

## Mai Phuong Restaurant

1821 Broad Street

Since 1993, Mai Phuong has been serving delicious soups, appetizers, chop suey, lo mein, seafood, fried rice, and much more - find your favourite Chinese or Vietnamese dish here today!  
www.maiphuongrestaurant.com

## Memories Fine Dining

1717 Victoria Avenue

Voted one of the best restaurants in Canada, Memories offers both exceptional food and a lovely dining atmosphere.  
www.memoriesdining.com

## Newtown Restaurant

2332 11th Avenue

Enjoy a mouthwatering array of Chinese, Thai, Vietnamese and vegetarian food. Lunch buffet is available from 11:00 am to 2:00pm during the week. Newtown also caters and delivers!  
www.newtownregina.com

## O'Hanlon's Irish Pub

1947 Scarth Street

This popular pub features an outdoor three season patio overlooking Victoria Park and a relaxing, jovial atmosphere to enjoy specialty import and domestic beer, a full menu and outstanding pizza.  
www.ohanlons.ca

**Local's Tip:** Try a pint of the Pile O'Bones beer brewed in the basement of the building.

## Panj Pani

1851 Scarth Street

Fantastic East Indian Curry and Tandoori delights. Check out the lunch buffet.

## Peking House

1850 Rose Street

Denoted the Best Chinese Restaurant six times by Prairie Dog Magazine, Peking House has been around since 1984. They serve over 100 authentic Chinese dishes ready for your next work lunch, family dinner or celebration!  
www.pekinghouse.ca

## Pinoy Heat

1769 Hamilton Street

Find delicious Filipino delicacies here, such as tapsilog, dinuguan, and kare kare!  
www.pinoyheatregina.com

## Pita Queen

1847 Scarth Street

Specializing in shawarmas, donairs and other Middle Eastern lunch items as well as Filipino desserts.

## Prairie Donair

1914 Hamilton Street

Locally owned and operated, Prairie Donair make savory satisfying donairs, salads, and assorted side dishes. Try Prairie Donair today!  
www.prairiedonair.com

## Press'd Sandwich Shop

1842 Scarth Street

Sandwiches made with fresh bread and the best ingredients. Also serving soup, salads and wraps.  
www.pressdsandwiches.ca

## Recharge Café

2nd floor, 2054 Broad Street, #5

Serving delicious plant-based eats, Recharge Café wants you to love what you eat while feeling great about your environmental impact.  
www.rechargecafe.ca

## RoofTop Bar & Grill

1845 Victoria Avenue

Featuring dishes that range from Greek to American in origin, Rooftop offers a lounge, dining room, private room, and rooftop patio.  
www.rooftopyqr.ca

**Local's Tip:** Check out the weekly drink specials! Make sure you try the prime rib!

## Rú Soju Bar and Lounge

1970 Hamilton Street

Offering the finest Korean and Japanese cuisine.  
rulounge.com

## Saigon By Night

1840 Broad Street

Tasty Chinese, Thai, and Vietnamese cuisine. The menu includes sizzling hot plates, combination dinners for one to ten people, Vietnamese combos, and spicy Thai dishes.  
www.saigonbynighregina.com

**Local's Tip:** Heading there for lunch? Try the #1 Rice Vermicelli, spring roll, and broiled pork.

## Selam Ethiopian African Food Restaurant

2115 Broad Street

Variety of Ethiopian cuisine. Exotic finger-food, perfect for families and dinner dates. Every savory dish simmers with that rich signature of health & culture.  
www.selamregina.com

## Shynok (Ukrainian) Restaurant

2237 Broad Street

Traditional, delicious Ukrainian food in a family-style restaurant setting.

## Siam Authentic Thai Restaurant

1946 Hamilton Street

Offers authentic Thai cuisine with a noon hour buffet. It's a popular spot with the locals, so stop by early to enjoy the buffet.  
www.siamrestaurant.ca

## Star Anise Grill

1907 11th Avenue

A locally owned Hakka Indo-Chinese bistro. Savour Regina's best, bona fide Hakko Indo-Chinese cuisine!  
www.staranisegrill.com

## The Cure Kitchen + Bar

2323 11th Avenue

A restaurant, bar and live music venue in the heart of Regina's downtown. It's a staff-owned, local, one-of-a-kind experience.  
www.facebook.com/thecurebarregina/

## The Diplomat Steakhouse

2032 Broad Street

Since opening in 1979, The Diplomat has come to be known as Regina's Premier Steakhouse. They are renowned for their exquisite wine program and fine cuts of beef.  
thediplomatsteakhouse.com

## The Fat Badger

1852 Scarth Street

Happy hour Monday through Friday: 1/2 price apps and \$2 off pints. A Canadian contemporary pub with Downtown Regina's only pool table.  
www.fatbadgerregina.com

## The RiceGuy

1950 Hamilton Street

Serving authentic, fresh and great tasting Chinese food.  
https://www.thericeguy.ca

## Trifon's Pizza

2024 Broad Street

Opened in 1972, Trifon's has been serving honest, delicious pizza for over 40 years. Stop in for a meal or a quick bite today.  
www.trifons.com

## Victoria's Tavern

1965 Hamilton Street

A classic tavern in downtown Regina, featuring 24 taps, great comfort food, and good times!  
www.victoriastavern.ca

**Local's Tip:** try a different grilled cheese creation every day of the year!

## Viet Trung Garden

1929 Broad Street

Vietnamese and Chinese cuisine combining cultural traditions, bold flavours, and quality fresh ingredients.  
www.viettrunggarden.ca

## Wann Izayaka

1950 Broad Street

A Japanese tapas bar offering a lively atmosphere to enjoy with friends and family. Come for shareable dishes, lunch bentos, ramen, sushi, and other Japanese delights.  
www.wannregina.com

## Wascana Donair and Shawarma

1751 Broad Street

Come in or order some delicious fresh donairs, shawarmas, and rice plates loaded with savory chicken, juicy beef, and tender lamb.  
www.wascanadonair.com

## Western Pizza

2125 11th Avenue

Opened in 1996, Western Pizza continues to serve its signature pizzas, wings, pastas, and other family favourites.  
www.westernpizzaexpress.ca

## Wild Sage Kitchen & Bar

1975 Broad Street

A full service restaurant located in the DoubleTree by Hilton, serving fresh, wholesome dishes by a highly skilled culinary team.

JULY 19

**Regina Downtown**  
BUSINESS IMPROVEMENT DISTRICT  
reginadowntown.ca