

DOWNTOWN EATS

COFFEE SHOPS

Brewed Awakening

1992 Hamilton Street

Brewed Awakening prides itself on being locally owned & operated. They proudly serve organic, sustainable & fair trade coffee from around the world, along with a number of fresh homemade items straight from the kitchen.

www.brewedawake.ca

Cafe Royale

2125 Victoria Avenue

Located in the lobby of Hotel Saskatchewan, Cafe Royale offers high end, organic fair trade coffee, a variety of delicious breakfast treats and lunch items including sandwiches and salads.

www.facebook.com/caferoyaleregina

Core Coffee

2078 Halifax Street

Serving Regina delicious coffee since March 2019.

www.facebook.com/corecoffeeyqr

Fix. Coffee

102-2055 Rose Street

The go-to spot for great coffee, delicious eats, and a lovely place to get some work done.

fixcoffeeyqr.com

Good Earth Coffeehouse

Hill Centre II-1881 Scarth Street

Organic, direct trade and rainforest alliance certified coffee. Food is made with wholesome ingredients. Muffins, scones and cookies are fresh from the oven.

www.goodearthcoffeehouse.com

Green Spot

1821 Hamilton Street

Offers 100% vegetarian and gluten-free menu. Their extensive menu has something right for your needs, whether it be lunch, coffee or baked goods.

www.greenspotcafe.ca

Local's Tip: Famous for their cinnamon buns! Make sure you stop by on Wednesdays and Saturdays when they're hot out of the oven.

IHAday Bubble Tea & Coffee

105-2300 Broad Street

The first Taiwan Bubble Tea & Coffee café in Regina.

ihadaybubbletea.business.site

Robin's Donuts

1806 Albert Street

Pick up a classic donut and coffee, or choose from a range of café goods.

www.robinsdonuts.com

Starbucks

2020 11th Avenue

Enjoy a variety of beverages, fine pastries and other delectable treats from the popular coffeehouse chain.

www.starbucks.ca

Tim Hortons

1800 11th Avenue &

2102 11th Avenue (Cornwall Centre)

Visit this Canadian fast food staple for a quick bite and premium coffee.

www.timhortons.com

Urban Bean

1919 Saskatchewan Drive

Located in the Delta Hotel, enjoy an onsite coffee bar, snacks and on-the-go lunch options.

RESTAURANTS & PUBS

1919 Kitchen + Bar

1919 Saskatchewan Drive

Located in the Delta Hotel, features a regionally inspired menu and daily breakfast buffet and weekday lunch buffet. Open for breakfast & lunch.

20Ten City Eatery

2010 12th Avenue

20Ten is more than an address; it is a destination located in the heart of downtown Regina. Free valet parking in the evening.

www.20ten.ca

241 Pizza

1925 Albert Street

241 Pizza offers both a fast-casual dine-in experience along with delivery and take-out options.

www.241pizza.com

Atrium All Day Restaurant & Deck

1818 Victoria Avenue

Located in the Ramada Plaza Regina hotel, serving casual yet refined breakfast, lunch and dinner.

<http://ramadaregina.ca/>

Avenue

100-2201 11th Avenue

A Modern take on homegrown comfort food with french influence and global flavours

www.avenuerestaurantandbar.com

Bone & Broth Kitchen (The)

1833 Scarth Street

Fresh grab & go meals, baked goods and specialty grocery items.

www.facebook.com/theboneandbrothkitchen

Burger King

1808 Albert Street

Fast-food chain serving grilled burgers, fries & shakes, plus breakfast.

burgerking.ca

Canada Life Plaza Cafeteria

1901 Scarth Street

A variety of breakfast and lunch items at a great price.

Caraway Grill

1625 Broad Street

Named the Best Restaurant in 2017 by Prairie Dog magazine, Caraway Grill offers a sensational dining experience. Authentic, dynamic Indian cuisine with quality and care infused into every dish.

www.carawaygrill.com

Local's Tip: The butter chicken is amazing!

Chopped Leaf

1834 Scarth Street

Featuring chef-designed salads and wraps, soups, sandwiches and appetizers, all dressings and soups are Chopped Leaf recipes that focus on being natural and flavourful.

www.choppedleaf.ca

Circa 27 Lounge

2125 Victoria Avenue

Located in the Hotel Saskatchewan, and featuring creative cocktails and a contemporary all-day menu, artfully prepared by one of Regina's top chefs.

www.marriott.com

Copper Kettle

1953 Scarth Street

This long-time favourite is known for their delicious pizza featuring a three season patio overlooking Victoria Park. Lunch buffet is available throughout the week.

www.thecopperkettle.online

Local's Tip: Try #18 Chicken Pizza — Lightly spiced BBQ chicken breast, salsa, onions and sun dried tomatoes.

Crave Kitchen + Wine Bar

1925 Victoria Avenue

Crave is all about pairings— food with wine, chefs with inspiration, and a restaurant with a beautiful location. Try their award-winning food today.

cravekwb.com

Cure Kitchen + Bar (The)

2323 11th Avenue

A restaurant, bar and live music venue in the heart of Regina's downtown. It's a staff-owned, local, one-of-a-kind experience.

www.facebook.com/thecurebarregina/

Diplomat Steakhouse (The)

2032 Broad Street

Since opening in 1979, The Diplomat has come to be known as Regina's Premier Steakhouse. They are renowned for their exquisite wine program and fine cuts of beef.

thediplomatsteakhouse.com

DOJO Ramen

1970 Hamilton Street

A delicious mix of Korean and Japanese ramen and street food.

www.grassrootsrestaurantgroup.ca/

dojo-ramen

DragonBoat Asian Food

2201 Broad Street

Offers a wide variety of delicious Asian food, dim sum and hot pot.

www.dragonboatdimsumhouse.com

Extreme Value Pizza

2207 Broad Street

26 varieties of pizza, plus pasta, sandwiches, and burgers.

extremevaluepizza.com

Famoso Neopolitan Pizzeria

Hill Centre II-1881 Scarth Street

Famoso is a fast casual pizzeria serving authentic Neopolitan pizza in a warm and lively atmosphere. Try out the fantastic dessert menu.

www.famoso.ca

Fat Badger (The)

1852 Scarth Street

Happy hour Monday through Friday: 1/2 price apps and \$2 off pints. A Canadian contemporary pub with Downtown Regina's only pool table.

www.fatbadgerregina.com

Fibber Magee's Pub

1818 Victoria Avenue

Head down to Fibber Magee's for pub food, draught beer & daily features. Located in the Ramada Plaza.

Four Seas Restaurant

1779 Rose Street

Four Seas Restaurant serves authentic Chinese cuisine and is well-known for their Chinese-style breakfast or dim sum!

www.fourseasrestaurant.com

Fresh and Sweet

2500 Victoria Avenue

This special spot is the place to be for brunch! Famous for their homemade breakfast, lunch, and baked goods. Fresh and Sweet has even been featured on the Food Network's 'You Gotta Eat Here!' valleygirlscatering.ca

Local's Tip: Have a sweet tooth? Pick up a cupcake, made fresh in store.

Fresh Carnival

2500 Victoria Avenue

Carnival-style food from hot dogs and poutine to milkshakes and funnel cakes. Comfort food at its best!

www.facebook.com/FreshcarnivalYQR

Golf's Steak House

1945 Victoria Avenue

Enjoy fine dining at affordable prices. Golf's Steak House is renowned for its prime rib, the finest charbroiled steaks and seafood dishes. Located in the heart of Downtown. Just look for the flame!

www.golfsteakhouse Regina.com

Italian Star Deli

1611 Victoria Avenue

This local gem has been around since 1966. Stop by this Italian specialty store and delicatessen for everything from quality imported foods to one of their legendary sandwiches.

www.italianstardeli.com

J & A Restaurant

2201 11th Avenue

Offering flavours and unique culinary styles from regions across China, J&A has got you covered from banquets to intimate dinners. They also serve delicious dim sum.

www.jandarestaurant.com

Jugo Juice

Hill Centre I

104-1874 Scarth Street

Offering a variety of juices, smoothies, wraps and snacks.

www.jugojuice.com

Kookie's Krib Fireside Lounge

1818 Victoria Avenue

Great stop for an evening beverage and food - open until 11:00pm Monday to Saturday. Located in the Ramada Plaza Regina.

www.ramadaregina.ca/kookies-krib

Lancaster

1843 Hamilton Street

The Classic Pub. Rebooted.

www.thelancaster.ca

Mai Phuong Restaurant

1821 Broad Street

Since 1993, Mai Phuong has been serving delicious soups, appetizers, chop suey, lo mein, seafood, fried rice - find your favourite Chinese or Vietnamese dish here today!

www.maiphuongrestaurant.com

Memories Dining & Bar

1717 Victoria Avenue

Voted one of the best restaurants in Canada, Memories offers both exceptional food and a lovely dining atmosphere.

www.memoriesdining.com

Mischief Oatmeal & Cereal Cafe

104-2125 11th Avenue

Serving in-house creations including cereal bowls, oat bowls, smoothies and grilled sandwiches.

mischiefcafe.ca

Newtown Restaurant

2332 11th Avenue

Enjoy a mouthwatering array of Chinese, Thai, Vietnamese and vegetarian food. Lunch buffet is available from 11:00 am to 2:00pm during the week. Newtown also caters and delivers!

www.newtownregina.com

O'Hanlon's Irish Pub

1947 Scarth Street

This popular pub features an outdoor three season patio overlooking Victoria Park and a relaxing, jovial atmosphere to enjoy specialty import and domestic beer, a full menu and outstanding pizza.

www.ohanlons.ca

Oi Café and Bakery

2129 Broad Street

Delicious Asian fusion including: daily baked Vietnamese subs, coconut & bbq pork buns, fresh rolls, soups, salads, bubble tea and coffees.

www.facebook.com/oicafebakery

Peking House

1850 Rose Street

Denoted the Best Chinese Restaurant six times by Prairie Dog Magazine, Peking House has been around since 1984. They serve over 100 authentic Chinese dishes ready for your next work lunch, family dinner or celebration!

www.pekinghouse.ca

Pita Queen

1847 Scarth Street

Specializing in shawarmas, donairs and other Middle Eastern lunch items as well as Filipino desserts.

Prairie Donair

1914 Hamilton Street

Locally owned and operated, Prairie Donair makea savory satisfying donairs, salads, and assorted side dishes. Try Prairie Donair today!

www.prairiedonair.com

Press'd Sandwich Shop

1842 Scarth Street

Sandwiches made with fresh bread and the best ingredients. Also serving soup, salads and wraps.

www.pressdsandwiches.ca

Recharge Café

2nd floor, 2054 Broad Street, #5

Serving delicious plant-based eats, Recharge Café wants you to love what you eat while feeling great about your environmental impact.

www.rechargecafe.ca

RiceGuy (The)

1950 Hamilton St

A variety of Vietnamese offerings including Beef Pho, vermicelli and fresh rolls.

thericeguy.ca

RoofTop Bar & Grill

1845 Victoria Avenue

Featuring dishes that range from Greek to American in origin, RoofTop offers a lounge, dining room, private room, and rooftop patio.

www.rooftopyqr.ca

Local's Tip: Check out the weekly drink specials! Try the prime rib!

Saigon By Night

1840 Broad Street

Tasty Chinese, Thai, and Vietnamese cuisine. The menu includes sizzling hot plates, combination dinners for one to ten people, Vietnamese combos, and spicy Thai dishes.

www.saigonbynightregina.com

Local's Tip: Heading there for lunch? Try the #1 Rice Vermicelli, spring roll, and broiled pork.

Shree Aksahr Veg Restaurant

1851 Scarth Street

Taste the authentic vegetarian East Indian dishes.

https://www.facebook.com/Shree-Akshar-Veg-Restaurant-108506321775945/

Siam Authentic Thai Restaurant

1946 Hamilton Street

Serving authentic Thai cuisine for the past 15 years.

www.siamrestaurant.ca

Silvia's Italian Café

1820 Cornwall Street

Authentic Italian Cuisine. Wholesome, Homemade, With Love.

www.instagram.com/silviasitaliancafe

Smoke's Poutinerie

1943 Scarth Street

The ultimate poutine experience! How Do You Like Your Poutine?

smokespoutinerie.com

Star Anise Grill

1907 11th Avenue

A locally owned Hakka Indo-Chinese bistro. Savour Regina's best, bona fide Hakka Indo-Chinese cuisine!

www.staranisegrill.com

Trifon's Pizza

2024 Broad Street

Opened in 1972, Trifon's has been serving honest, delicious pizza for over 40 years. Stop in for a meal or a quick bite today.

www.trifons.com

Union Station Restaurant + Bar

1880 Saskatchewan Drive

Casino Regina isn't just about games - Check out the Union Station Restaurant + Bar for some fantastic food. You can even dine in an authentic CP Rail car!

www.casinoregina.com

Victoria's Tavern

1965 Hamilton Street

A classic tavern in downtown Regina, featuring 24 taps, great comfort food, and good times!

www.victoriastavern.ca

Local's Tip: try a different grilled cheese creation every week!

Viet Trung Garden

1929 Albert Street

Vietnamese and Chinese cuisine combining cultural traditions, bold flavours, and quality fresh ingredients.

www.viettrunggarden.ca

VR Vietnamese Restaurant

1769 Hamilton Street

Serving fresh Vietnamese dishes such as Pho, pork chops with vermicelli or rice. Features a daily lunch special.

https://vrvietnameserestaurant.com

Wann Izakaya Japanese Gastropub

1950 Broad Street

A Japanese tapas bar offering a lively atmosphere to enjoy with friends and family. Come for shareable dishes, lunch bentos, ramen, sushi, and other Japanese delights.

www.wannregina.com

Wascana Donair and Shawarma

1751 Broad Street

Come in or order some delicious fresh donairs, shawarmas, and rice plates loaded with savory chicken, juicy beef, and tender lamb.

www.wascanadonair.com

Western Pizza

2125 11th Avenue

Opened in 1996, Western Pizza continues to serve its signature pizzas, wings, pastas, and other family favourites.

www.westernpizzaexpress.ca

Wild Sage Kitchen & Bar

1975 Broad Street

A full service restaurant located in the DoubleTree by Hilton, serving fresh, wholesome dishes by a highly skilled culinary team.